



## **LINQ** Patient Education Script:

MyCarelink Home Monitor / (Given at time of Implant)

## What you should know:

- a. You will receive a Patient Booklet, ID Card, Patient Symptom Activator and Home Monitor.
  - The <u>ID Card</u> has attached instructions on how to use the **patient symptom activator**.
- b. There is a <u>DVD in your Patient Education Kit</u> (white envelope) that will review all you need to know about your implanted LINQ device.
- c. Your LINQ device has a battery life of 3 years and you can have an MRI.
- d. Patient Website: www.MonitorYourHeart.com
- Patient Symptom Activator (Blue Device)
  - a. When you experience severe symptoms, press the heart-shaped button.
  - b. 1.) Place the **blue patient activator** over your device. 2.) When you see a *white check mark*.
    - You have successfully recorded an episode on your implanted LINQ device.
  - c. You can record up to 4 episodes; the 5<sup>th</sup> time will overwrite the first saved episode.
  - d. Fast and slow heart beats are AUTOMATICALLY recorded.
    - The **Patient Activator** is a way to record an episode when you experience <u>severe</u> symptoms.
- MyCarelink Home Monitor (White Device)
  - a. You are receiving a MyCarelink Home Monitor today.
  - b. **Sending Information the First Time**: Follow the "Steps for setting up and using your monitor" for your first (manual) transmission. **We will do the first transmission now, by following the animated steps on the display.**
  - c. Make sure your monitor is ALWAYS plugged into a power outlet
    - No more than 6 feet from where you sleep, such as on a nightstand.
    - If you are able, take your White monitor to the Emergency Room.
  - d. The monitor should receive adequate cellular signal, represented by the bars on the display.
    - You will need at least 1 bar of signal in order for it to work.
    - Your monitor will work anywhere in the world you can use a cell phone.
  - e. **Ongoing use:** your device will automatically "wake up" and send any recorded episodes to your following physician's office while you sleep. (No action from you is necessary)
  - f. Occasionally, your clinic may ask you to send a manual transmission. If this happens, follow the same animated steps as you did when you sent your first (manual) transmission.