

# Taking extra precautions to keep you safe.

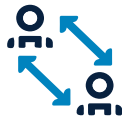
Here's what we're doing to keep our patients and our clinical teams safe.



The health and safety of our patients, caregivers and communities is our top priority. It is important not to delay vital healthcare procedures your physician has recommended for you. We have been and will continue to collaborate with the Centers for Disease Control and Prevention (CDC), maintaining and often exceeding the strictest of standards.



**Access Control** for the safety of our patients, visitors and staff will enter the hospital through an entrance where screening & temperature checks will be performed.



**Separate patient care tower for COVID-19 positive patients** and those who are under investigation. Our non-COVID-19 patients, including surgery patients and outpatients, are grouped separately. Family members will wait in a designated surgery waiting area that will adhere to social distancing guidelines.



**Everyone who enters our facility** is required to wear a mask which exceeds Centers for Disease Control and Prevention (CDC ) guidelines.



**Heightened infection prevention policies**, including the removal of high-touch items such as magazines. Practicing proper hand hygiene remains a priority and hand sanitizing stations are located throughout our facility.

It is important that you continue to follow the current guidance from the CDC, regarding social distancing and hand hygiene. Please continue to exercise infection prevention measures for yourself and your household.

**We remain focused on providing you with exceptional care.**

Visit our website at [jfkmc.com](http://jfkmc.com) to find out more about our safety measures.

**JFK MEDICAL CENTER**

# TRUST YOUR HEART

## TO THE LEADERS IN CARDIAC CARE

Healing hearts for over 30 years



The Heart and Vascular Institute at  
**JFK MEDICAL CENTER**







## WELCOME TO THE HEART AND VASCULAR INSTITUTE AT JFK MEDICAL CENTER

JFK Medical Center offers a distinguished team of heart and vascular experts experienced in the most advanced diagnostic techniques in surgical, interventional, and treatment procedures, delivered with compassionate patient care.

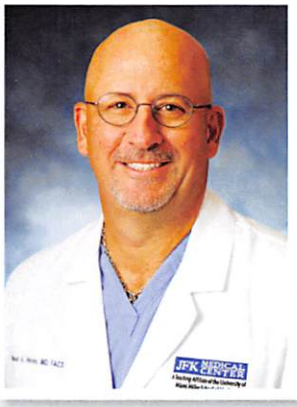
We provide a complete continuum of care for cardiac patients. Our team of cardiologists, electrophysiologists, surgeons, nurses and imaging experts, use the most modern equipment available to ensure the highest quality outcomes for our patients.

Founded in 1987, The Heart and Vascular Institute at JFK Medical Center has become a premier facility for comprehensive cardiovascular care, earning a national reputation for excellence in the process. When your heart is at stake, few hospitals can offer more advanced technology, more experienced heart care specialists and a greater range of support services to effectively diagnose and treat cardiovascular disease.





## MESSAGE FROM MEDICAL DIRECTOR



Dear Community,

On behalf of the cardiovascular care providers at JFK Medical Center and the team of dedicated healthcare professionals who support us, we are proud to share with you some of the highlights and achievements that make our heart and vascular program one of the best in the country.

Our Heart and Vascular Institute has recently achieved many milestones. Since the inception of our program in 2012, we have performed our milestone 1,000th TAVR procedure. The TAVR (Transcatheter Aortic Valve Replacement) procedure is intended for patients considered too high risk for traditional heart valve replacement. This procedure offers new hope to those living with aortic stenosis. JFK Medical Center is one of the nation's busiest centers performing TAVR. We have also performed over 200 cases for both the Left Atrial Appendage Closure (LAAC) and the Transcatheter Mitral Valve Repair (TMVR) procedures. The Left Atrial Appendage Closure (LAAC) implant offers a groundbreaking alternative to daily blood thinners for reducing A Fib stroke risk and the Transcatheter Mitral Valve Repair (TMVR) is the only alternative to mitral valve regurgitation surgery that has been approved by the FDA.

In May 2016, we launched The Advanced Heart Care Center, under the direction of Dr. Faber and Dr. Ghumman, which specializes in the latest advances in heart failure management, including LVAD (left ventricular assisted device) implant surgery. Patients suffering with advanced heart failure who have exhausted medical therapies may be candidates to receive an LVAD. This therapy is recommended by the American Association of Cardiology and the American Heart Association as a treatment option for advanced heart failure. Studies have shown that patients treated with an LVAD can live longer and enjoy an improved quality of life compared to medication management alone.

For three decades, we have been the county leader in cardiac care. As the cardiac experts, we constantly strive to offer the latest and best treatments available for all diseases of the heart and we are typically among the first facilities in the state to have these treatments available. JFK Medical Center has consistently been one of the highest volume facilities in Florida for most specialized cardiac services we offer.

As we continue to grow our cardiovascular program, we maintain our vision to combine clinical excellence, compassionate care, and state-of-the-art technologies to provide world class therapies and treatments to the patients we serve.

SINCERELY,

Marcos A. Nores

M.D., F.A.C.S., F.A.C.C.

*Medical Director  
of The Heart and Vascular Institute*





JFK Medical Center has earned a reputation for excellence in cardiac and vascular surgery and the treatment of cardiovascular disease.

## THE PERFECT EQUATION

High Volume  
+  
Top Doctors  
+  
Advanced Techniques  
=  
Best Outcomes

The most important measure of a program's experience and expertise in cardiovascular surgery is the quality of its outcomes.

## RECOGNITIONS

- Largest Open Heart Program in Palm Beach County
- The busiest Electrophysiology Program in the Southeast United States
- First Hospital in Palm Beach County to perform TAVR, TMVR and LAAC Procedures
- Accredited Chest Pain Center with Primary PCI with Resuscitation
- Recognized as one of the Top 50 Cardiac Hospitals by Truven Health in 2014 and 2015





*Dr. Scott Midwall performs the Left Atrial Appendage Closure (LAAC) procedure to treat Atrial Fibrillation and minimize risk of stroke.*

## INTERVENTIONAL CARDIOLOGY

JFK Medical Center interventional cardiologists provide minimally invasive procedures for structural heart diseases and 24/7 STEMI coverage for JFK's Accredited Chest Pain Center.

### Our Services:

- High-Risk PCI Patients
- Transradial Approach
- Transcatheter Aortic Valve Replacement (TAVR)
- Transcatheter Mitral Valve Repair (TMVR)
- Chronic Total Occlusions (CTO)

## CARDIOLOGY

Our cardiovascular specialists are among the country's leading experts in the fields of cardiac imaging, electrophysiology, heart failure, as well as atrial fibrillation management, interventional, endovascular, open heart surgery, and more.

Many of our physicians were trained at the top institutions in the country and are the first to be trained in new techniques and technology.

Our High Risk Valve Clinic team offers non-operative candidates critical treatment options, including medical therapy, balloon valvuloplasty, and transcatheter aortic valve replacement (TAVR).

### Our Services:

- Advanced Imaging
- Rehabilitation
- Research
- Medical Cardiology
- Invasive Cardiology
- Valve Clinic
- Electrophysiology & Pacing
- Vascular/Endovascular Surgery
- Atrial Fibrillation Detection, Management, & Ablation
- Ventricular Fibrillation Detection & Implantable
- Carotid Artery Disease Including Stenting
- Peripheral Vascular Disease



*"For three decades, we have been the leader in catheter-based, non-operative treatment of cardiovascular disease. Our core group of interventional cardiologists have limited their practices to the Cath Lab setting, so that the vast majority of our time is dedicated to the performance of procedures. We are also very active in interventional research and we have access to many devices early in their development so that we can provide benefit to our patients on the cutting edge of technology."*

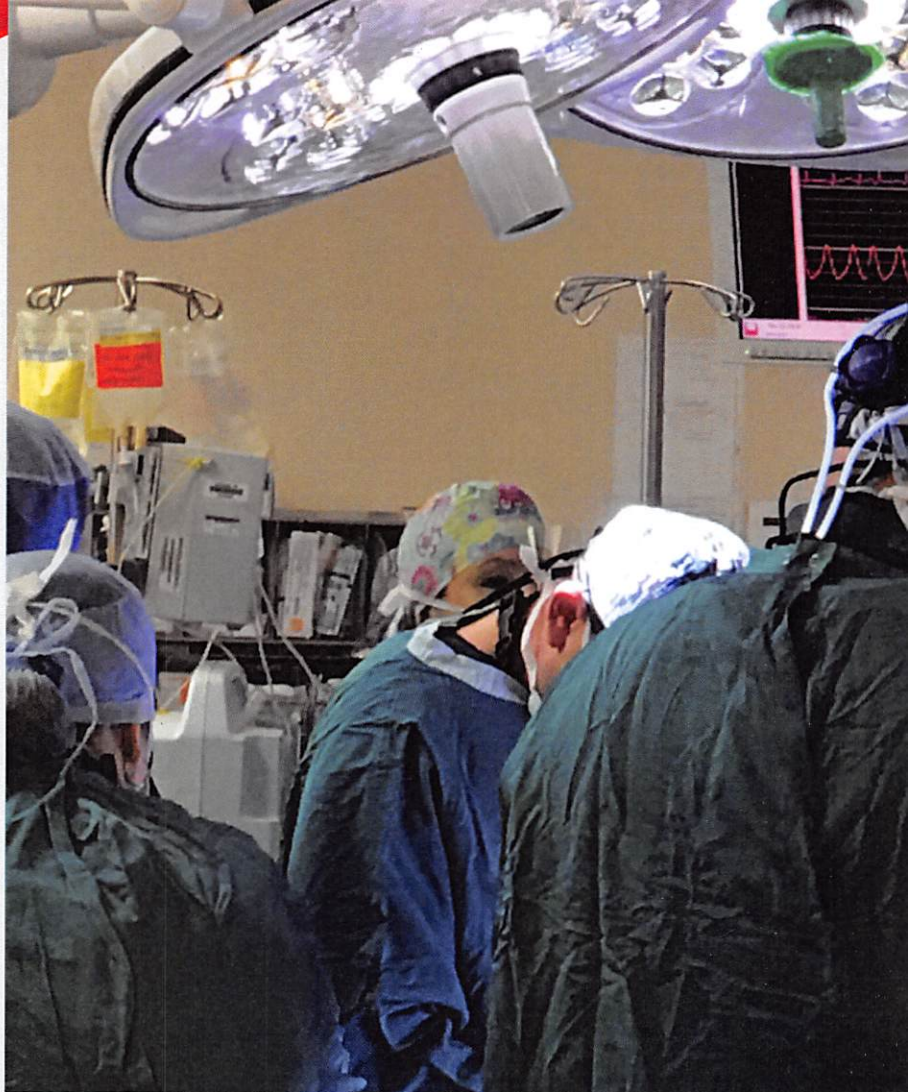
**Mark Rothenberg, M.D., FACC**, Medical Director of Cardiac Catheterization Lab



# CARDIOVASCULAR SURGERY

## Surgical Specialties:

- Coronary revascularization
- Valve replacement & repair (aortic, mitral and tricuspid)
- Complex re-operative surgery
- Video thoracic surgery
- Complex thoracic lung surgery
- Minimally invasive lung surgery
- Thoracic aortic aneurysm procedures
- Minimally invasive cardiac surgery
- Percutaneous valve surgery
- Endovascular surgery
- Beating heart surgery
- Sternal reconstruction
- Maze (atrial fibrillation surgery)
- Mini-Maze
- Bentall procedure (involves composite graft replacement of aortic valve, aortic root and ascending aorta)
- Minimally invasive hybrid procedure for A-Fib
- Transmyocardial Laser Revascularization (TMR)
- Hypertrophic Cardiomyopathy Surgery (HOCM)
- Valve-sparing procedures for the aortic root
- Minimally invasive mitral valve program
- Aortic valve replacement program



TAVR team during a procedure in the Hybrid Operating Room

## ELECTROPHYSIOLOGY

The Heart and Vascular Institute is one of a few hospitals in the United States to offer atrial fibrillation ablation, a procedure for effectively shutting down specific areas of the heart that trigger abnormally fast rhythms. JFK Medical Center's Electrophysiology (EP) Lab is the premier facility in Florida.

### Cardiac Ablations

Cardiac Ablations are procedures that can correct heart rhythm problems or arrhythmias.

These procedures are used to treat conditions, such as:

- Atrial Fibrillation
- Supraventricular Tachycardia
- Ventricular Tachycardia

### Implantable Devices

Implantable devices provide electrical stimulation to particular areas of the heart to help maintain a normal heart rate and/or rhythm to a heart that's diseased or damaged.





Dr. Robert Fishel performs an atrial fibrillation ablation procedure in the EP Lab.

There are three primary categories of implantable devices:

- Pacemakers
- Implantable Cardioverter Defibrillator (ICD)
- Biventricular Pacemakers or ICD's

## Our Services:

- A Fib Ablation
- SVT Ablation
- AV Node Ablation
- V Tach Ablation
- Pacer Implant
- ICD Implant

Our Electrophysiology Lab is the busiest in the Southeast United States.



*"JFK has always been one of the first facilities in Florida to offer numerous cutting edge, complex cardiac procedures such as biventricular defibrillator implants and catheter ablations of atrial fibrillation. These procedures are now routine at JFK. Over the past decade, JFK Medical Center has consistently been the among the highest volume facilities in Florida for the specialized cardiac services we offer. We are constantly striving to find the latest and best treatments available for all diseases of the heart and we are typically among the first to make these treatments available."*

**Robert S. Fishel, M.D., F.A.C.C., Medical Director of the Electrophysiology Lab**



## THE VALVE CLINIC

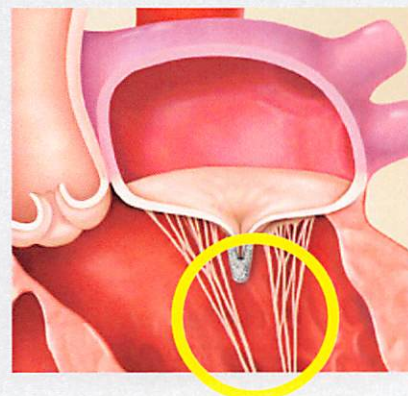
JFK Medical Center offers a multidisciplinary valve clinic that combines the efforts of referring physicians, cardiologists, interventionalists, and cardiovascular surgeons to provide focused assessments and optimal treatment options for patients with complex valve disorders. The valve program offers complete options for valve intervention, including mitral and aortic valve repair, TAVR, TMVR, catheter-based interventions, as well as minimally invasive and open surgical interventions.



## TRANSCATHETER MITRAL VALVE REPAIR (TMVR)

Minimally Invasive Option for patients with mitral regurgitation. Unlike surgery, the TMVR procedure does not require opening the chest and temporarily stopping the heart. Instead, doctors access the mitral valve with a catheter that is guided through a vein in the leg to reach the heart.

The TMVR device is a small clip that is attached to your mitral valve. It treats mitral regurgitation by allowing your mitral valve to close more completely, helping to restore normal blood flow through your heart.



What are the possible benefits of the TMVR procedure?



Low hospital length of stay



Improved quality of life



73% reduction in hospital visits for heart failure



# THERE IS NEW HOPE FOR HIGH-RISK AORTIC STENOSIS PATIENTS

As the aging population continues to grow, healthcare providers continue to see more cardiac patients. Aortic stenosis is rapidly becoming a more common problem among this aging population.

Traditionally, aortic stenosis has been a "surgical disease," and definitive treatment has been aortic valve replacement or in some cases aortic valve repair. However, an increasing number of patients are not operative candidates for many reasons, including:

- Medical conditions, such as obstructive lung disease, bleeding disorders or conditions, and poor cardiac function
- Frail state due to age and/or nutritional deficiencies
- Co-morbidities, such as cancer and end stage renal disease/liver disease
- Calcified (i.e. porcelain) aorta
- Chest wall deformity



Sapien 3,  
Transcatheter  
Heart Valve

## There are numerous Options for Non-Operative Candidates with Critical Aortic Stenosis

Hybrid procedures which combine what might traditionally necessitate multiple operations into one customized procedure, minimizing the need for additional procedures, lowering morbidities and mortalities and improving patient recovery time. Hybrid procedures offer potentially less invasive solutions and are slowly replacing the conventional surgical approach to aortic disease.

For more critically ill patients requiring surgery, the complex aortic disease specialists at JFK perform expertly complex aortic surgical procedures including:

- Aortic root reconstruction
- Transcatheter Aortic Valve Replacement (TAVR)
- Transcatheter Mitral Valve Repair (TMVR)
- Aortic arch
- Endovascular stent grafting
- Hybrid procedures (open/endovascular)

Without therapy, the diagnosis of severe aortic stenosis carries a 50% two-year mortality. JFK has available treatment for the spectrum of aortic disease.

## Transcatheter Aortic Valve Replacement

High Risk Patients n=449\*



Mean Age  
**85** YEARS  
OLD



Mean Hospital  
Length of Stay  
**7** DAYS



30-Day Survival  
**93.7%**



# ADVANCED HEART CARE CENTER TREATING HEART FAILURE

## Our Advanced Heart Care Center

The Advanced Heart Care Center at JFK Medical Center has an experienced team of professionals who are specialized in advanced heart failure management. Our physicians will partner with your current cardiologist or primary care physician to give you only the best care and improve your quality of life.

## Our Services

- Ventricular Assist Devices (VAD)
- Pulmonary Artery Pressure Monitoring
- Ultrafiltration
- Cardiac Resynchronization Therapy (CRT)
- Diuretic Infusions in a comfortable clinic setting
- Medication Management
- Infusion Therapy/Diuretics
- EMCO
- Heart Pumps
- Heart Failure (HF) Monitoring System

## About Heart Failure

Heart failure is a chronic, progressive condition that develops when the heart muscle weakens and is unable to pump a sufficient amount of blood throughout the body. More than 600,000 Americans are living with heart failure and is a frequent cause for hospitalizations. Heart failure worsens over time and is typically caused by persistent high blood pressure, heart attack, valve disease and other forms of heart disease or birth defects. Left untreated, the lack of adequate blood flow causes the organs to progressively fail, resulting in numerous medical complications that deteriorate a person's quality of life.

## Mechanical Circulatory Support Program

JFK Medical Center offers long term left ventricular assist devices (LVADs). The Mechanical Circulatory Support Program at JFK Medical Center has a multidisciplinary team of expert cardiologists, cardiovascular surgeons, nurse practitioners and program coordinators dedicated to helping advanced heart failure patients.



## What is a Left Ventricular Assist Device (LVAD)?

A left ventricular assist device is a mechanical device that circulates blood through the body when the heart is too weak to pump blood adequately on its own. It is designed to supplement the pumping function of the heart. It is surgically attached to the left ventricle and to the aorta, the main artery that carries oxygenated blood from the left ventricle to the entire body. An external, wearable system that includes a small controller and two batteries is attached by an external driveline. The wearable system is either worn under or on top of clothing.



*"At JFK, we are well positioned to tackle Heart Failure by providing the most comprehensive and cutting-edge approaches to both inpatient and outpatient treatment. Our multi-disciplinary approach supports our patients completely, leaving no treatment option unexplored. Heart Failure is the fastest-growing epidemic within Cardiovascular Disease and we strive to turn Heart Failure into patient success."*

**Waqas Ghumman, M.D., F.A.C.C., Medical Director of The Advanced Heart Care Center**





## OUTPATIENT CARDIAC REHAB

Cardiac Rehabilitation Services at JFK Medical Center are designed to meet the needs of patients recovering from a heart attack, heart surgery or stable angina. Specifically, risk factors such as high blood pressure, high cholesterol, low functional capacity, obesity, tobacco abuse, and high stress levels are addressed.

Following discharge, patients are seen on an outpatient basis; typically attending three sessions per week consisting of ECG monitored exercise and continuing education related to CAD risk factor modification. Exercise sessions primarily emphasize aerobic conditioning along with light resistance training. Modalities utilized include treadmills, arm and cycle ergometers, and recumbent cross trainers for aerobic conditioning. Free weights and elastic bands are used for resistance training.

## CARDIAC RESEARCH

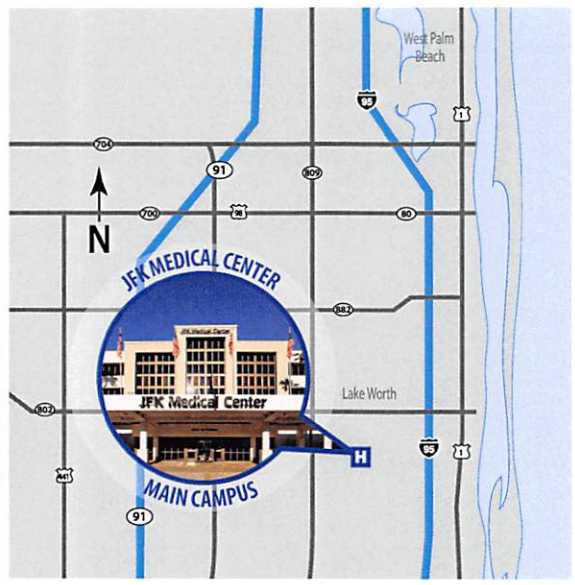
Through our active participation in some of the country's leading clinical trials, we're able to bring cutting-edge treatments and procedures to our patients. Our collaboration with many of our physicians has enabled us to participate in well over 200 clinical trials.

JFK Medical Center is a participant in CISRP an independent non-profit organization founded for the purpose of educating the public, patients, medical/research communities, media and policy makers in order to promote greater understanding and awareness of clinical research participation and the role it plays in public health.

At some point in our lives, there is great probability that you, or a loved one, will be affected by an acute or chronic illness. Clinical studies – the gold standard for testing promising new strategies for preventing, diagnosing and treating such illnesses – are thoughtfully designed and administered by JFK's research team in an effort to answer specific medical questions. You no longer need to leave your community to find clinical studies appropriate for you.



For more information or to request a physician referral,  
call us at 561-548-4JFK (4535) or visit [JFKMC.com](http://JFKMC.com).



#### From North via I-95

Exit at 6th Avenue. Travel west to Congress Ave. Turn left, JFK will be on the right hand side about 1 mile down.

#### From South via I-95

Exit at Lantana Road. Travel west to Congress Ave. Turn right, JFK will be on the left hand side about a half-mile down.

#### Via FL Turnpike

Exit at Lake Worth Road. Travel east to Congress Ave. Turn right, JFK will be on the right hand side about 2 miles down.

Complimentary valet parking  
available at the Main Entrance  
and Rothman Entrance.



The Heart and Vascular Institute at  
**JFK MEDICAL CENTER**

**HEALING HEARTS FOR OVER 30 YEARS**

5301 S. Congress Ave. • Atlantis, FL 33462 • [JFKMC.com](http://JFKMC.com)



# CARDIAC REHAB SERVICES AT JFK



[ The Heart and Vascular Institute at ]

**JFK MEDICAL  
CENTER**

A Teaching Affiliate of the University of Miami Miller School of Medicine



# Cardiac Rehab...

## It's more than just exercise.



### **Unique Individuals. Unique Program.**

Our Cardiac Rehab experts will work with you to create an individualized, step-by-step program designed to get your heart back in shape and improve the overall quality of your life. By building strength and endurance, you can safely and effectively overcome some of the physical complications associated with certain types of heart disease. Our medically supervised program of exercise and education will also help you reduce your risk of developing heart problems.

Every aspect of our program is designed to speed your recovery. So whether you've had a heart attack, bypass surgery, angioplasty or angina, we'll develop a program that's perfect for you. Before you know it, you'll be back doing the things you value most. We want to help you live your life to the fullest.

### **Improving your health. Step by step.**

Ours is a multi-step process that involves input from an entire team of professionals. Your team can include your physician, registered nurses, a dietician, and an exercise physiologist.



## **Commonly asked questions.**

### **What do I need to do before exercise class?**

Dress in loose fitting clothes and shoes with good support. Do not smoke or drink caffeinated beverages two hours prior to exercise class. Nicotine and caffeine can increase your heart rate. Make sure you eat 1-2 hours before your exercise class. Take all medication as prescribed by your doctors.

### **What kind of exercise will I be doing?**

You will be using your larger muscle groups of the arms and legs to gain more endurance and strength. This is called aerobic exercise. We'll select a special group of exercises on machines that best suit your needs. You may exercise on treadmills, sitting stair steppers, bicycles, arm machines, or use free weights and stretching bands.

### **I am exercising at home. Why should I come to Cardiac Rehab?**

You will be connected to an EKG monitor while you exercise, so your heart rate and rhythms are closely watched. Your blood pressure and work load are tracked. You will be closely supervised and any concerns about your body's response to exercise, or to your medications will be relayed by our staff to your doctors. We also help you learn what you can do to decrease your risk of a future heart problem.

### **How long will I have to attend Cardiac Rehab?**

Most people come three times a week for 12-18 weeks, or 36 visits. The length of the program is based on your own rate of progress and sometimes can be limited by insurance coverage.

### **Who qualifies for Cardiac Rehab?**

Individuals with any of the following:

- Acute myocardial infarction (MI) within 12 months;
- Coronary artery bypass grafting (CABG);
- Heart transplantation;
- Percutaneous coronary intervention
- Valve replacement or repair;
- Congestive heart failure (CHF); or
- Coronary artery disease (CAD) with chronic stable angina pectoris.

Most insurance providers cover Cardiac Rehab services. We will verify your insurance before you enroll.





## **We'll help you stay on the road to living a longer and fuller life.**

The way you live your life can play a big part in keeping your heart healthy. At JFK Medical Center, our medically supervised Cardiac Rehab Program helps people just like you develop healthier lifestyles and recover from heart disease or a heart attack.

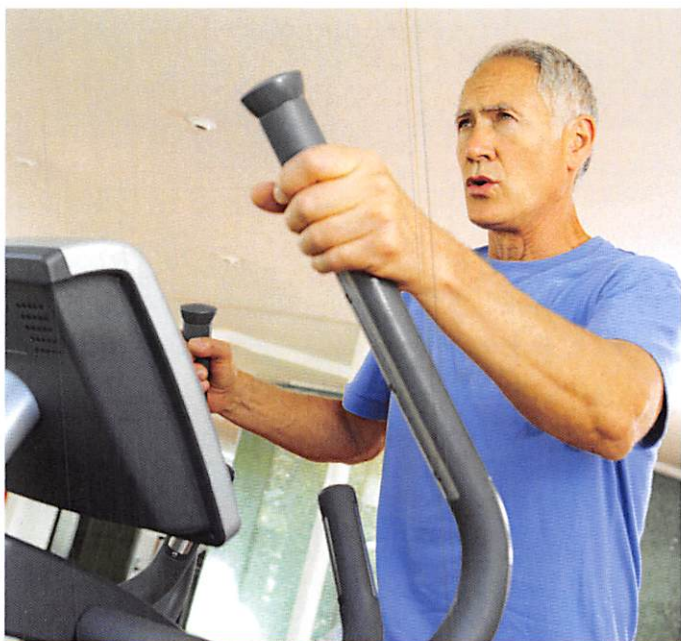
Most people think Cardiac Rehab is like a trip to the fitness center for a good workout. Actually, that's only part of it. We combine exercise with education to help rebuild your strength, endurance, emotional well-being and self confidence. We'll help you learn how to make wiser food choices, cope with stress, manage your diabetes and even quit smoking.

You'll learn how to make healthy lifestyle changes. Talk to your doctor today to see how you could benefit by enrolling in our Cardiac Rehab Services. A medical referral is required. Medicare and most private insurance companies do cover Cardiac Rehab. However some providers may require prior authorization.



## Our process includes:

- A medical evaluation to assess your physical abilities, medical limitations, and other relevant conditions.
- A medically supervised exercise program that includes monitoring of your heart rhythm, heart rate, and blood pressure. Remember exercise increases blood flow to your heart and strengthens your heart's contractions so that it pumps more blood with less effort.
- Lifestyle education. When appropriate you will work one-on-one with registered nurses, a dietician, and an exercise physiologist to help improve your overall well-being. Healthy lifestyle changes can reduce your risk of experiencing another life-threatening event such as a heart attack or a stroke.
- We'll provide you with continuous and ongoing support to help you achieve your individual goals. We'll also create a plan for continued progress with your lifestyle and exercise changes after your program is complete.





## DIRECTIONS

Cardiac Rehab Services at JFK is conveniently located at 180 JFK Drive, Suite 350, just North of the main hospital building.



### From North via I-95

Exit Lantana Road. Travel west to Congress Ave. Turn right, JFK Drive will be on the left hand side about a half-mile down.

### From South via I-95

Exit at 6th Avenue. Travel west to Congress Ave. Turn left, JFK Drive will be on the right hand side about 1 mile down.

### Via FL Turnpike

Exit at Lake Worth Road. Travel east to Congress Ave. Turn right, JFK Drive will be on the right hand side about 2 miles down.

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**180 JFK Drive | Suite 350 | Atlantis FL 33462**

**P: 561-548-1895 | F: 561-548-1912 | [www.JFKMC.com](http://www.JFKMC.com)**

**Hours of Operation: Monday - Friday 7:30 AM - 3 PM**



A Teaching Affiliate of the University of Miami Miller School of Medicine



# The Beating Hearts Club



2020  
Support Group  
Schedule



# Pacemaker and Implantable Cardiac Defibrillator Support Group



## 2020 Schedule

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Jan 8  
Mar 11  
May 27 \*  
July 8  
Sept 9  
Nov 11

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Meetings are held from  
3:00 p.m. - 5:00 p.m.  
in Kennedy Conference Room 1,  
located on the first floor of the  
main lobby.

*\*May 27th will be held in  
Kennedy Conference Room 3  
Complimentary Valet Parking available.*



# Community Event

JFK Medical Center's Beating Hearts Club is offered to patients with Pacemakers and Implantable Cardiac Defibrillators, as well as their family members.

Our focus is patient education in an informal environment, that encourages members to share their experiences and concerns of living with a Pacemaker or ICD.

This program is a great opportunity to ask questions and obtain valuable resource information. Discuss ways to preserve cardiac health and learn information that can help enhance confidence and decrease anxiety after a Pacemaker or ICD implant.

Representatives from the device manufactures will be present to answer any questions you may have specific to your device.



For more information  
contact the Care Assure  
Cardiac Nurse Navigator at  
**561.548.1762.**



5301 S. Congress Avenue  
Atlantis, FL 33462  
**561.965.7300 | JFKMC.com**

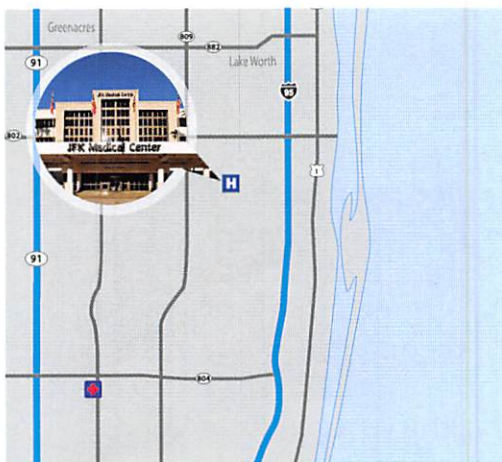


# Map and Directions

JFK Medical Center is located at 5301 S. Congress Avenue, between Lake Worth Road and Lantana Road.

Enter the hospital at the Main Lobby.

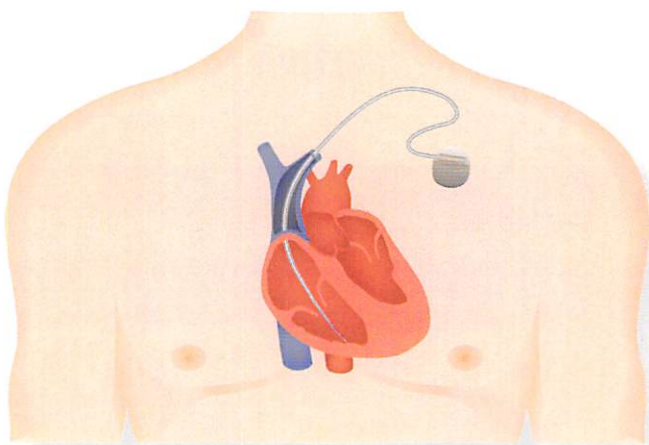
Complimentary valet parking is available.





# Join Us!

Help us help you  
live your life to the fullest.



Meetings are held at JFK Medical Center - Main Campus on a designated Wednesday of every other month in a designated conference room. No reservations or prior notice necessary. Refreshments will be served.

For more information contact the Care Assure Cardiac Nurse Navigator at 561.548.1762.



# Lodging — & — Restaurant Guide West Palm Beach



**JFK MEDICAL  
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## PHARMACIES

### 1. CVS Pharmacy

6950 Congress Avenue  
Lantana, FL 33462  
(561) 439-7700

*Distance from JFK: 2 miles*

### 2. Walgreens

6975 South Congress Avenue  
Lantana, FL 33462  
(561) 964-9167

*Distance from JFK: 1.9 miles*

### 3. Publix Super Market

4770 Congress Avenue  
Boynton Beach, FL 33426  
(561) 868-5530

*Distance from JFK: 2.1 miles*

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## RESTAURANTS

### 1. Atlantis Grill & Bar

5805 South Congress Avenue  
Atlantis, FL 33462  
(561) 641-3330

*Distance from JFK: 0.6 miles*

### 2. Brooklyn Water Bagels

1790 Congress Avenue  
Boynton Beach, FL 33426  
(561) 424-2272

*Distance from JFK: 4.2 miles*

### 3. Chipolte Mexican Grill

1780 North Congress Avenue  
Boynton Beach, FL 33426  
(561) 732-2282

*Distance from JFK: 4.1 miles*

### 4. Chris's Taverna

4774 North Congress Avenue  
Boynton Beach, FL 33426  
(561) 223-2868

*Distance from JFK: 2.1 miles*

### 5. Darbster Bistro (Vegan)

8020 South Dixie Highway  
West Palm Beach, FL 33405  
(561) 586-2622

*Distance from JFK: 5.9 miles*





#### **6. Five Guys Burgers and Fries**

1000 North Congress Avenue  
Boynton Beach, FL 33426  
(561) 369-4460

*Distance from JFK: 4.6 miles*

#### **7. Jersey Mike's Subs**

1780 North Congress Avenue  
Boynton Beach, FL 33426  
(561) 735-9400

*Distance from JFK: 4.1 miles*

#### **8. Old Key Lime House**

300 East Ocean Avenue  
Lantana, FL 33462  
(561) 582-1889

*Distance from JFK: 3.7 miles*

#### **9. Pei Wei**

1750 North Congress Avenue  
Boynton Beach, FL 33426  
(561) 364-1830

*Distance from JFK: 4.2 miles*

#### **10. Rosalita's Tex Mex Grill**

5949 Congress Avenue  
Atlantis, FL 33462  
(561) 964-5747

*Distance from JFK: 0.6 miles*

#### **11. Sushi Bang Bang**

1050 Gateway Boulevard  
Boynton Beach, FL 33426  
(561) 292-3705

*Distance from JFK: 4.9 miles*

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## **FLORISTS**

#### **1. Blossom Shoppe Florist**

402 East Ocean Avenue  
Boynton Beach, FL 33435  
(561) 732-3722

#### **2. Boutique Flowers & Gifts**

1034 Gateway Boulevard, Suite 106  
Boynton Beach, FL 33426  
(561) 628-1361

#### **3. Flower Jungle Florist**

4924 Lake Worth Road  
Lake Worth, FL 33463  
(561) 968-1109





## TAXI & CAR SERVICE

### 1. All Transportations Taxi

(561) 450-5858

### 2. AllVIP Limo

(561) 843-5111

### 3. E&R Transportation Services

(561) 541-4025

### 4. Larry's Private Car & Limo Services

(954) 473-6631

### 5. Metro Taxi

(561) 444-9999



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## JFK HOSPITAL

For your convenience, **Starbucks** and **Subway**, as well as our **Cafeteria** and **Gift Shop** are located on the first floor of JFK Medical Center.

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*Hotel, restaurant and taxi/car service listings and locations are provided as a courtesy to patients and visitors of JFK Medical Center for informational purposes only.*



A Teaching Affiliate of the University of Miami Miller School of Medicine

5301 S. Congress Ave. • Atlantis • FL 33462



# HOTELS

## Special JFK rates available:

### ★ Super 8

1255 Hypoluxo Road • Lantana, FL 33462  
(561) 585-3970 • *Distance from JFK: 3.5 miles*

### ★ Hampton Inn & Suites Boynton Beach

1475 Gateway Boulevard • Boynton Beach, FL 33426  
(561) 369-0018 • *Distance from JFK: 4.7 miles*

### 1. Courtyard Boynton Beach

1601 North Congress Avenue • Boynton Beach, FL 33426  
(561) 737-4600 • *Distance from JFK: 4.9 miles*

### 2. Holiday Inn Express & Suites Lantana

1251 Hypoluxo Road • Lantana, FL 33462  
(561) 582-9304 • *Distance from JFK: 4.9 miles*

### 3. Eau Palm Beach Resort & Spa

100 South Ocean Boulevard • Manalapan, FL 33462  
(561) 533-6000 • *Distance from JFK: 5.4 miles*

### 4. Marriott West Palm Beach

1001 Okeechobee Boulevard • West Palm Beach, FL 33401  
(561) 833-1234 • *Distance from JFK: 10 miles*

### 5. The Chesterfield Palm Beach

363 Cocconut Row • Palm Beach, FL 33480  
(561) 659-5800 • *Distance from JFK: 11.6 miles*

### 6. DoubleTree by Hilton West Palm Beach Airport

1808 South Australian Avenue • West Palm Beach, FL 33409  
(561) 689-6888 • *Distance from JFK: 12 miles*

### 7. The Breakers Palm Beach

1 South County Road • Palm Beach, FL 33480  
(561) 655-6611 • *Distance from JFK: 12.5 miles*

### 8. Four Seasons Resort Palm Beach

2800 South Ocean Boulevard • Palm Beach, FL 33480  
(561) 533-3756 • *Distance from JFK: 12.8 miles*

### 9. Homewood Suites by Hilton

2455 Metrocentre Boulevard • West Palm Beach, FL 33407  
(561) 682-9188 • *Distance from JFK: 14.4 miles*





# CITY PLACE

JFK is located approximately 10 miles south of City Place - An outdoor promenade, filled with Restaurants, Shopping and Entertainment in the heart of West Palm Beach.

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**1. Big City Tavern**

700 South Rosemary Avenue, #218  
West Palm Beach, FL 33401 • (561) 366-0071

**2. Brio Tuscan Grille**

550 South Rosemary Avenue  
West Palm Beach, FL 33401 • (561) 835-1511

**3. Burgerfi**

700 South Rosemary Avenue, #102  
West Palm Beach, FL 33401 • (561) 557-9144

**4. City Cellar Wine Bar & Grill**

700 South Rosemary Avenue  
West Palm Beach, FL 33401 • (561) 366-0071

**5. The Cheesecake Factory**

701 South Rosemary Avenue  
West Palm Beach, FL 33401 • (561) 802-3838

**6. Il Bellagio Restaurant**

600 South Rosemary Avenue, #170  
West Palm Beach, FL 33401 • (561) 659-6160

**7. Mellow Mushroom**

700 South Rosemary Avenue  
West Palm Beach, FL 33401 • (561) 653-1351

**8. Ruth's Chris Steakhouse**

651 Okeechobee Boulevard  
West Palm Beach, FL 33401 • (561) 514-3544

**9. Saito's Japanese Steakhouse**

700 South Rosemary Avenue, #208  
West Palm Beach, FL 33401 • (561) 296-8881

**10. Thai Jo**

700 South Rosemary Avenue  
West Palm Beach, FL 33401 • (561) 832-3545